



Ramón Cugat, MD

Specialization

- **Orthopaedic Surgery and Traumatology**

Surgical Technique

- **Sports Injuries**
- **Knee Surgery**
- **Arthroscopy**

Years of Practice

- 36 years

Areas of Interest

- **Knee** injuries and pathologies
- **Sports Medicine**
- OrthoBiological Treatments: **Growth Factors**
- Other Joints: Ankle, Shoulder, Hip, Wrist, Elbow

Location where he was Board Certified

- School of Medicine, University of Barcelona. Doctor of Medicine (PhD) (1978)

Professional Position (present)

- President of the medical council and member of medical staff for the Catalan Soccer Delegation's Health Insurance Company under the Spanish Soccer Federation
- Head of Trauma and Orthopaedic Surgery. "Mutua Patronal Montañesa"
- Co-Director of the Orthopaedic Surgical Department. Hospital Quiron Barcelona
- Associate Professor. School of Medicine. University of Barcelona and UIC (Catalonian International University)
- President of the Board of Trustees of the Garcia Cugat Foundation for Biomedical Research

Education/Degrees

- School of Medicine. University of Barcelona. Bachelor in Medicine and Surgery (1975)
- School of Medicine. University of Barcelona. Doctor of Medicine (PhD). Magna Cum Laude (1978)
- Hospital Clinic. Specialist in Orthopaedic Surgery (1979)

Post Doctoral Training (overseas)

- Wrightington Hospital. Wigan (UK)
- Royal London Hospital. London (UK)
- Medical College Harvard University: Sports Medicine Service at the Orthopaedic Surgery Department at Massachusetts General Hospital. Boston, MA (USA)
- Centre Tuckahoe Orthopaedic Associates, Ltd. Richmond, VA (USA)



Professional Experience

- Assistant Medical Doctor in Anatomy (1975-1979). University of Barcelona
- Chief of Unit Orthopaedic Surgery in Mutua Patronal Montañesa Insurance Company: workers compensation
- Assistant Medical Doctor in the Catalan Soccer Delegation's Health Insurance Company under the Spanish Soccer Federation (1975-1985)
- Chief of Unit Orthopaedic Surgery in the Catalan Soccer Delegation's Health Insurance Company under the Spanish Soccer Federation (1986)
- President of the medical council for the Catalan Soccer Delegation's Health Insurance Company under the Spanish Soccer Federation (2009).
- Orthopaedic Surgeon of the Barcelona Dragons Team in the NFL International (1991-2003)
- Chief of Unit of Arthroscopic Surgery (1991-2002). Hospital Universitari del Mar
- Associate Professor of Orthopaedic Surgery. School of Medicine. University of Barcelona (1998-present)
- Director of Artroscopia GC (Orthopaedic Surgical Department) is an ISAKOS-Approved Teaching Centre. (1999-present)
- Co-Director of the Orthopaedic Surgical Department. Hospital Quiron Barcelona (2007-present)

Hospitals

- Hospital Universitari de Mar (1991-2002)
- Hospital Quiron Barcelona

Associations/Achievements (partial list)

- European Association of Football doctors
- Spanish arthroscopy Association (founding member) and Spanish Society of elbow and shoulder surgery
- European Society of Sports, knee surgery and arthroscopy (esska)
- Deutschsprachige arbeitgemeinschaft für arthroskopie
- International Society of arthroscopy, knee surgery and orthopaedic Sports Medicine
- Sociedad latinoamericana de artroscopia, cirugía de rodilla y traumatología del deporte
- Asian pacific Institute and Indian arthroscopy Society
- American Association of orthopaedic surgery and Arthroscopy Association of north america

Lectures/Presentations

- 1.143 presentations in national and international congresses
- 25 posters and 6 videos presented

Publications

- 102 publications
- 10 books chapters
- Foreword author in 3 books

Education activities

- 103 training courses on arthroscopic surgical techniques
- Teaching Courses of Arthroscopic Surgical Techniques and Sports Medicine around the world
- Associate Professor. School of Medicine. University of Barcelona and UIC (Catalonian International University)



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